

# SHE



Schools for Health in Europe

## 2017 in focus



## Who are we?

- SHE is a network of health promoting school professionals from 45 countries in the European region
- SHE is focused on making school health promotion and well-being an integral part of policy development in the European Education and Health sectors in Europe
- SHE is supported by: the WHO Regional Office for Europe, Council of Europe and the European Commission
- SHE uses the health promoting school approach as an evidence-based and comprehensive way of developing school health policy and initiatives
- SHE uses a positive and broad concept of health and well-being and acknowledges the UN Convention of the Rights of the Child
- SHE encourages the Health and Education sectors to work together more efficiently

## What do we do?

### Encourage schools to become health promoting schools

**SHE online school manual** – 5 steps to a health promoting school. A tool to assist primary and secondary schools to become a health promoting school or to improve an existing health promoting school policy. Available on the SHE website in nine languages – Croatian, Czech, English, Estonian, Latvian, Lithuanian, Portuguese, Slovenian and Spanish.

Find the SHE online school manual [here](#).

### Share good practice, expertise and skills

#### SHE factsheet series

1. State of the art: health promoting schools in Europe
2. School health promotion: evidence for effective action
3. Effective networks and partnerships for health promotion in schools
4. Health, Wellbeing and Educational Achievement: Focus on Inequalities

Find the factsheet series and more material [here](#).

### Advocate for school health promotion

**Promotional video** – Introduction to health promoting schools in Europe, with examples from four health promoting schools. Available with English, French and Italian subtitles.

Find the promotional video [here](#).

## Support research

We organise yearly research group meetings and workshops to stimulate collaboration and knowledge transfer between researchers in the field of school health promotion and education.

## SHE organization

### SHE secretariat

The SHE network is coordinated by University College South Denmark.

### SHE national and regional coordinators

The SHE network is represented in 45 countries and 5 regions in the European region by SHE national and regional coordinators who are recognised by their Ministries of Health and Ministries of Education.

### SHE research group

The SHE research group is a consortium of 59 researchers and research institutions from 15 countries in the European region. Membership is open to anyone with a research background and an interest in school health promotion.

### SHE branch office in Moscow

The SHE branch office in Moscow serves the Russian speaking countries in Eastern Europe and Central Asia. The branch office is recognized by the Russian Ministry of Health and WHO Europe.



## SHE activities and tools in 2017

In 2017 the SHE network will deliver the following activities and tools:

- Capacity building workshop
- 6 newsletters
- Online school health promotion glossary
- Facilitate school twinning
- E-learning tool on school health promotion
- Three new language versions of the SHE online school manual
- Online user guide for SHE online school manual
- SHE factsheet 4 on school health promotion and reducing health inequalities
- SHE Academy: Health, Wellbeing and Educational Achievement: Focus on Inequalities. 29/11-1/12 2017
- Scientific publication

## Further information

To find out more about the SHE network please visit our website [www.schools-for-health.eu](http://www.schools-for-health.eu) or contact the SHE secretariat.

### SHE secretariat

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## Stay connected

Stay up-to-date on the SHE network and health promoting school related developments by assigning up to our free SHE newsletter. It is published every two months. Sign up for the newsletter [here](#).

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